Open Flanders SC: Session: 5: COACH evaluation sheet for TEAM: ISWIM

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: VANMEENEN SARA

Coaches: VANMEENEN LAURA

Coaches: LEPLA MARTINE

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 30: 50M BUTTERFLY MEN — Heat:2, starttime: 10:32

Heat: 2/7 Lane : 4 Athlete: VANDERHAEGHE ANTWAN — **Q-time: 00:27:13**

PB (25m pool): 00:27.13 Brugge 04/10/2026 **PB (50m pool):** 00:28.14 **SB:** 00:27.13 Brugge 04/10/2026

	25 M	50 M	
PB		00:27.13	
		00:27.13	
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Coach feedback:

Event number: 32: 100M BACKSTROKE MEN — Heat:2, starttime: 10:48

Heat: 2/5 Lane : 1 Athlete: DEHAENE JULE — **Q-time: 01:03:14**

PB (25m pool): 01:03.14 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:04.83 **SB:** 01:03.14 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:30.68		01:03.14	
		00:30.68		*00:32.46*	
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Coach feedback: